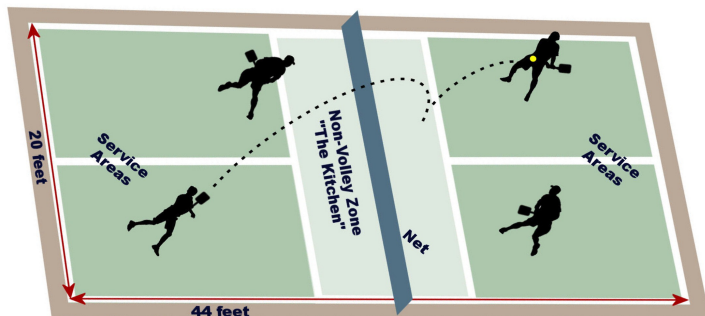


# Helena Pickleball, Helena, MT

## Pickleball Rules Super Simplified

### THE COURT

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### GAME PLAY & RULES

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**Rule #1: Have Fun, wear eye protection, move about the court safely and have fun!!!**

Pickleball is a game to eleven points, **must win by two points, only serving team score points.**

- The serve **MUST** be hit underhand and **MUST** bounce into opponents diagonal service area.
- The return of serve **MUST** bounce before the ball can be hit by the serving team.
- After the first two hits, the ball can be hit in the air (volley) or after the ball bounces once.
- The goal is to rally the ball back and forth until a team commits a fault.

#### Faults include:

- Hitting the ball out of bounds.
- Hitting the ball into the net.
- Hitting the ball before it bounces while standing in the non-volley zone.
- Hitting the ball after two bounces.
- A serve that lands in the opponents Non-volley zone.

#### The Non-Volley Zone ("The Kitchen"):

- The non-volley zone is the 7-foot wide zone on both sides of the net.
- You cannot volley (hit) the ball in the air while standing inside the non-volley zone.
- You can only hit the ball standing inside the non-volley zone **AFTER** the ball has bounced.

#### Serving:

- The team serving first to start a game, only one player serves until the serving team commits a fault, then the other team becomes the serving team.
- From then on both players on the serving team serve.
- The server continues to serve until the serving team commits a Fault.
- The server moves from right to left (or left to right) serving area after each point they score.

#### Scoring:

- You call the score as follows: server's score, receiver's score, then the server number.
- For example: if the score of the serving team is 3 and the score of the receiving team is 6, and the second server on the side is serving, the score would be announced as 3-6-2.

#### Helpful websites:

USA Pickleball Association: [USAPA.ORG](http://USAPA.ORG) official website of USA Pickleball  
PickleballCentral.com Premier online Pickleball retailer (5% off coupon code CRHELENA)