

Making it Work



Ty Moore and Michelle Peterson
Sunnyside Elementary, Great Falls, MT

ToolBox

[Go Noodle](#)

What's in your toolbox?

[NFL Play 60](#)

[Open Physed](#)

[Healthmovesminds](#)

[SEL](#)

[Free lesson plans](#)

Health Moves Minds

[Health.Moves.Minds](#)

Connect with Michelle Carter information

[Calendar](#)

SHAPE America Activity Calendar

Monthly Calendar

Beginning of the year monthly plan

Break into grade level bands and discuss...

How can you adapt this to your grade level bands?

Which Health and Physical Education standards are you teaching?

Health Education Standards (short version)

1 - Health Promotion and Disease Prevention

2- Influence of family, culture, media, technology on health behaviors

3 - Ability to access services to enhance health

4 - Interpersonal communication skills

5 - Decision making skills

6 - Goal-setting skills

7- Practice healthy behaviors

8- Advocate for personal, family, and community health

Physical Education Standards (short version)

- 1 - Motor skills and movement patterns**
- 2 - Concepts, principles, strategies and tactics related to movement**
- 3 - Knowledge and skills to achieve and maintain healthy level of physical activity and fitness**
- 4 - Responsible personal and social behaviors that respect self and others**
- 5 - Recognize the value of physical activity for health**