

## Interactive Games in Small Spaces

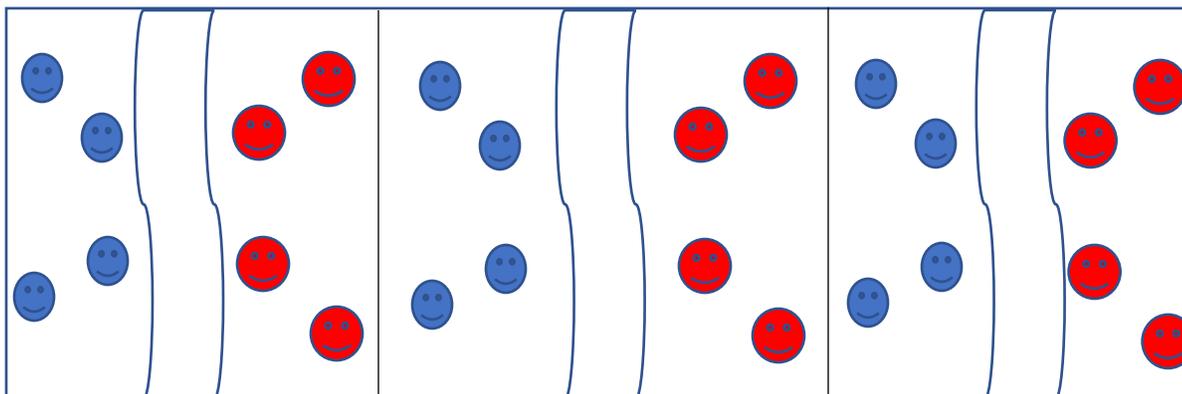
Brian Kessler, Helena High School – [bkessler@helenaschools.org](mailto:bkessler@helenaschools.org) - @briankessler42

Linda Paull, Helena High School – [lpaul@helenaschools.org](mailto:lpaul@helenaschools.org) - @linda\_paull

### **Bleacher Volleyball (Wally Ball)**

*Objective:* Students will be able to apply basic volleyball skills of serving, passing, setting, and hitting to a smaller court setting to help their team score points.

*Set up:* On the deck, three nets are set up by connecting to a standard and the handles on the bleachers. Nets are intended to be tight to help with the ball going over if it hits the net. Tape is set down to signify the back boundaries of the court.



*Game Play:* The game is played just like a volleyball game with one team serving the ball to start the game. Rally scoring is used, therefore the team serving changes on every side-out. Teams are encouraged and expected to rotate positions every time they earn the serve after a side-out, allowing everyone a chance at the net and everyone a chance to serve. Teams are allowed 3 hits per side to get the ball back over the net. To do so, they may use all parts of their body, except for their feet, and can play off the bleachers and curtain. It is legal to use the bleachers or curtain as an aide to get it over to the other side as well.

#### *Rules:*

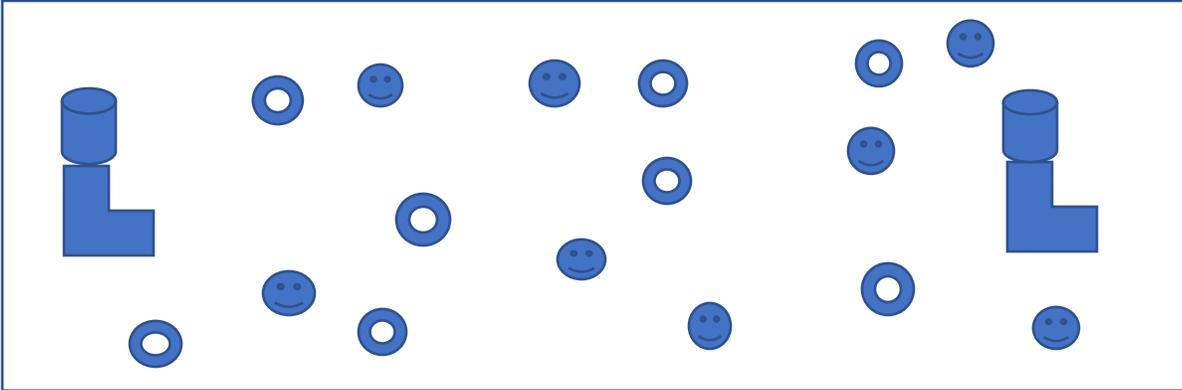
1. One person may have 2 hits each time over the net, but not all 3.
2. No kicking the ball or using feet to keep the ball up.
3. Hands must be used for most of the hits on one side each time.
4. Stay out of the nets.
5. Rotate every side-out that earns you a serve.

#### *Alternative Rules/Expectations*

## Scooter Ball

*Objective:* Students will be able to apply basic skills of throwing and catching and will also use/need the following: muscular endurance, muscular strength, hand-eye coordination and balance. Each team member wants to help their team score a basket and earn a point for their team.

*Set up:* On the deck, two garbage cans are set up on a platform at each end of the deck. You will use about a 5 foot area around the platform called the goalie box, a rugby ball, scooters (one for each person) and pinnies or colored vests.



*Game Play:* The game is a fast pace game that is based off the principal of Team Handball and is designed to be a team sport. The concept of the game is to continually pass a ball down the court and attempt to score a goal against the opposing team. Each team will have 7 to 9 players. A goal is scored when the ball is thrown into the garbage can, a goal is worth (1) point. Players must work with their teammates, play fair and have a clear understanding of the rules so no one gets hurt.

### *Rules:*

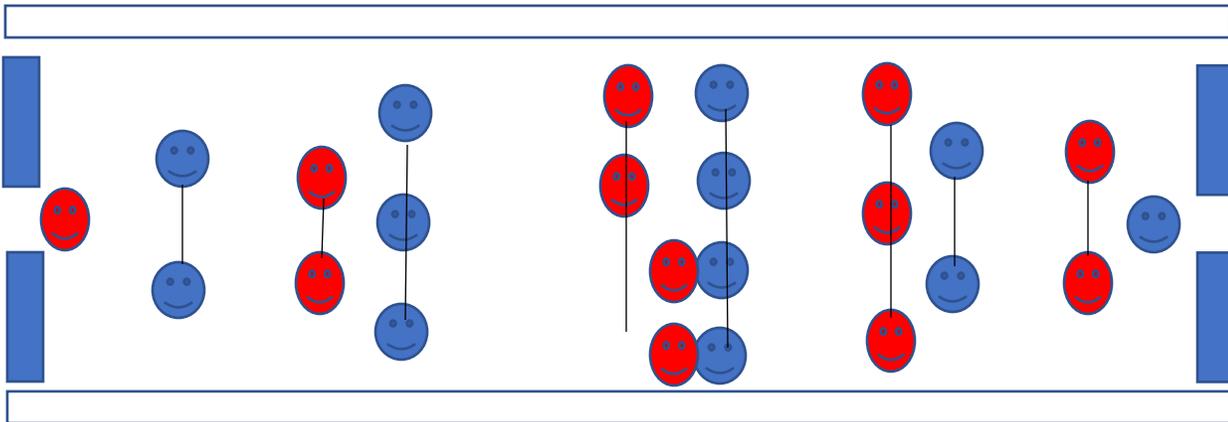
1. Players will play both offense (with the ball) and defense (without the ball).
2. When a goal is scored the other team will put the ball back into play by passing the ball to a teammate from the forbidden zone.
3. You can only have possession of the ball if you are in contact with your scooter. If you are off your scooter and you have possession of the ball, you must release the ball and get back on your scooter before you can have possession of the ball again.
4. You may not be in the goalie box and have possession of the ball.
5. You may keep possession of the ball until you are touched or have passed the ball to another teammate.
6. You may not knock a person off the scooter.
7. You may not take the ball out of an offensive players grasp, but once the ball has left their hand you may catch it or knock it down to the ground.

*Game Play:* The game is played just like a volleyball game with one team serving the ball to start the game. Rally scoring is used, therefore the team serving changes on every side-out. Teams are encouraged and expected to rotate positions every time they earn the serve after a side-out, allowing everyone a chance at the net and everyone a chance to serve. Teams are allowed 3 hits per side to get the ball back over the net. To do so, they may use all parts of their body, except for their feet, and can play off the bleachers and curtain. It is legal to use the bleachers or curtain as an aide to get it over to the other side as well.

## Human Foosball

*Objective:* The students will be able to demonstrate teamwork and basic soccer skills while participating in a human-sized version of a beloved childhood game.

*Set up:* Prior to game play, poles will need be made for the kids to hold onto. The sizes will depend upon the number of students you have in your class to play. We are set up for 24-28 students to play at a time. We have 2 longer poles to hold 4 students, 2 mid-sized poles to hold 3 students, and 4 short poles to hold 2 students. Lines are then taped on the floor using 2 colors, alternating colors as you go down. Mats are used to establish goals at the two ends of the deck.



*Game Play:* The game will consist of two teams, both wearing different colored pennies (we try to match the penny color to the floor tape color). Players will choose a spot on one of their team's poles and hold on the spots indicated by tape. The game will start with a drop ball in the center. Teams will then battle to score a goal by kicking the ball into the other team's goal. Players must always stay on their lines and keep their hands on the pole. After game play gets going, a second and potentially third ball can be added into the mix for more involvement and awareness of students playing. After 2-3 minutes, the teacher yells "switch", everyone gently places their pole on the ground and finds a new spot on a pole for their team. One player will be goalie for each side, they may use their hands and can roam a little bit more as they have no line. They cannot touch the players from the other team, though.

### *Rules:*

1. Always keep hands on the pole. You may not use them to bat the ball down or hit the ball in your direction.
2. Always stay on your line. Do not bend your pole or invade the other team's area by going off your line. If a ball is stuck between two groups, the teacher will restart it.
3. Have fun! Enjoy the game!