

Montana Health Education Standard 7

The Health Literate individual will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.



Resources available at https://opi.mt.gov/Portals/182/Page%20Files/Health%20%26%20Physical%20Education/16JulyHEStandards_OverviewTable.pdf

https://www.google.com/search?safe=strict&biw=1366&bih=625&tbm=isch&sa=1&ei=G64KXeS5Jo-O_wT1krLIAQ&q=healthy+behaviors&oq=h