

SHAPE MONTANA  
2018 CONFERENCE PRESENTERS

KEYNOTE SPEAKER: Waded Cruzado, President, Montana State University

**Monday, 7/30: 9:30-10:40 Keynote Session**

Jill Baker---Director of Learning, Planned Parenthood of Montana.

- 1) **Sex Education Foundations: Core Skills Training.** This session aims to improve the confidence and competence of teachers by offering core skills training for sex education in Montana. The need for sex education, protocol for answering difficult questions and learning the core skills necessary to teach quality sex education will be addressed in this session. **7/30: 2:05-3:05 Classroom 1**

Alli Bristow—Middle School Counselor, Florence-Carlton Schools, Florence MT

- 1) **A Team Approach to building a Suicide Prevention Curriculum in your school.** This session will help teachers set up an evaluated classroom based curriculum for Suicide Prevention. The Look, Listen & Link Curriculum will be featured. **7/31: 10:45-11:45 Classroom 1**

Travis Burdick—Lead Educator and Youth Programs Manager, Domestic and Sexual Violence Services

- 1) **Power Up, Speak Out.** This session helps teachers gain a foundation for teaching students the critical thinking skills they need to have healthy peer and dating relationships throughout their lives. Participants will learn about the Power Up, Speak Out curriculum. **7/30 11:00-12:00 Classroom 1**

Eric Fisher—HPE Teacher, Hawthorne School, Bozeman; Past President SHAPE Montana;

2018 Northwest District Elementary Physical Education Teacher of the Year

- 1) **Elementary Activity Avalanche!** This session will bring activities and ideas for all areas within Elementary P.E. at you like an avalanche down the mountain! Games and activities will cover multiple areas of content from levels K-5 for you to take home and teach right away! **7/30 3:10-4:10 Main Gym**
- 2) **Dancing Gym Shoes.** This session will give teachers that are looking for fun, new ways to teach dance in the gym using the tools in the gym during P.E. Come and get moving to the beat—no dance shoes necessary, just your gym shoes! **7/31 2:00-3:00 Main Gym**

**Scott Flatlip**—Kahay! My name is Awee'-Koodaa'iikuash (Seen By the Whole World) or Scott Flatlip. I Am an Apsaalooke' that grew up on the Crow Reservation in the small town of Pryor. I belong to the Ties The Bundle Clan and I am a child of the Bad War Deed Clan. I am the father to three wonderful children, Hudson Mills, Madisyn Rein, and my youngest Bridger Wallace. I recently graduated with a degree in Health Enhancement K-12 with a Minor in Native American Studies and Coaching from Montana State University

- 1) **Crow Shinny**—game **7/30; 2:05-3:05 Outside**
- 2) **Powow Dancing 2.0.** Come learn the traditions and stories surrounding the Native American Dance Culture in an active, engaging session! **7/31: 8:35-9:35 Small Gym**

**Niki Graham**—Community Research Associate, UM—School, Public and Community Health Science

- 1) **Interactive Reproductive Health—Not Another Desk Assignment!** In this session participants will learn about STI's and disease and the ways they spread, and the role of public health officials and nurses. Statistics and testing options will be discussed. **7/31: 9:40-10:40 Classroom 2**

**Reg Hageman**—HPE Teacher, Helena Capital High School, Helena MT; President-Elect SHAPE Montana

- 1) **Physical Education Program Evaluation Toolkit.** Learn how to evaluate your program and then improve your program with the use of this resource. **7/30; 3:10-4:10 Classroom 1**

**Brian Kessler**—HPE Teacher, Helena High School, Helena MT; President SHAPE Montana

- 1) **Using Technology in Health & P.E.** Using a project-based and standards-based approach, this session will look at varying methods of making Health an interactive class for upper middle and high school students. **7/30; 1:00-2:00 Small Gym**
- 2) **Interactive Health Education.** During this session participants will be introduced to various technology options that are easy to implement into the gym and classroom. We will discuss online professional development opportunities. **7/31: 9:40-10:40 Classroom 1**

**Mike Lally**—Educational Association for HPE, South Carolina Department of Education

- 1) **Movement in the Classroom Pt. 1 150 Track.** Learn teaching strategies for integrating more movement into the day while still covering educational standards. Management of equipment, people and space will be discussed. **7/30; 1:00-2:00 Classroom 2**
- 2) **Movement in the Classroom Pt. 2 150 Track.** In this session, we will be more specific and align with Montana classroom standards and performance indicators. **7/31; 8:35-9:35 Main Gym**
- 3) **Alternatives to Traditional Baseball.** Come learn about a striking unit that is similar to baseball but much more active with more opportunities for practice. Lots of situations for high quality feedback. **7/31; 9:40-10:40 Main Gym**
- 4) **Task Progression for a Soccer Unit.** Starting with skill development and building to modified games and ultimately, game play. Both Peer and Self- Assessment opportunities will be discussed. **7/31; 1:00-2:00 Outside**

**Kristi Lund**—Physical Education Teacher, Author, Publisher from Nampa, Idaho

- 1) **Fitness Foundations.** Participants will learn about the Fitness Foundations Secondary Curriculum. This curriculum is well-structured for the teacher for easy delivery and provides students with concepts-based activities that develop student learning targets and literacy about fitness. **7/31; 10:45-11:45 Classroom 2**

**Kris Minard**—Tobacco Use Prevention Education Specialist, Montana Office of Public Instruction

- 1) **E-Cigarettes: Their Impact on Montana Youth.** This is an interactive informational session about electronic cigarettes. Participants will understand how E-Cigarettes have impacted Montana youth and will gain access to new prevention resources. This session includes engaging video segments and various product displays to help educators identify these ever-changing products that are so easily camouflaged in schools. **7/31; 8:35-9:35 Classroom 2**

**Lauren Olson**—Executive Director, United States Tennis Association—Montana

- 1) Learn how to organize and deliver a tennis session to Beginner level players using the USTA'S **Net Generation** Curriculum. **7/30; 1:00-2:00 Outside**

**Michelle Peterson**—HPE Teacher Sunnyside Elementary, Great Falls, MT

SHAPE America Western District Co-President, Montana Elementary TOY 2014

- 1) **Rookie Rugby.** Rookie Rugby is the introductory game for rugby in America. Kids, parents, teachers, fans, referees and coaches learn and compete in a simplified version of rugby, played with flag belts. The rules and programs of Rookie Rugby tie together child development, healthy activity, fair play, fun and safety. In this session, 5 or 7 cone Rookie Rugby will be taught and played with many different versions and rules that can be inserted for different classes and grade levels starting with 4<sup>th</sup> grade and continuing through high school. **7/31; 9:40-10:40 Outside**

**Sara Russell**—Physical Education Teacher, Tahoma High School, WA

2016 SHAPE America National High School Teacher of the Year

- 1) **Fitness is Fun!** Tired of doing the same old fitness activities? If you are, this is the session for you! Learn a fitness version of Follow-The-Leader, how to have students create their own circuits, and other student centered ideas that can be easily incorporated into any secondary P.E. class with minimal equipment! **7/30; 11:00-12:00 Main Gym**
- 2) **Sport Education, A Tactical Approach: Badminton.** This session will show how sport education helps teachers organize and improve class management. **7/30; 2:05-3:05 Main Gym**
- 3) **Teambuilding Ideas to Strengthen Students Mentally, Physically and Socially.** Icebreakers, teambuilding, and cooperative game ideas to engage your classes will be shared during this session. Strengthen your knowledge as you learn fun, easy activities and games to build communication and problem solving skills and strengthen your classroom environment. Activities can be modified for any age level. **7/31; 7:30-8:30 Main Gym**

**Julie Smith**—HPE Teacher Emily Dickinson Elementary, Bozeman MT

- 1) **Health & Movement for Elementary School.** This session will focus on strategies for teaching Health content to K-2 Elementary students using fun and effective methods. Explore movement tactics that will support students learning health concepts with minimal sitting time. **7/31; 10:45-11:45 Small Gym**
- 2) **Beyond the Gym; Physical Activity at your School.** This session will discuss strategies and programming that can be used to create school wide atmospheres that foster the values of lifelong physical activity and health. This session will explore the components of the Comprehensive School Physical Activity Model including ways to promote physical activity before and after school, increase participation by staff, families and community with the mission to impact the lifelong health habits of all. Obstacles will be discussed and possible solutions brainstormed! **7/31; 1:00-2:00 Classroom 1**

**Jordan Stolp**—GOPHER Equipment, Territory Sales Manager

- 1) **ACTION! Team Games with MVPA Assessment.** This action packed session has games designed for multiple students, large classes or groups. These are teacher friendly activities that maximize participation with no one sitting on the sidelines. We will use Fit Step Pro Pedometers in this session. **7/31; 1:00-2:00 Main Gym**

**Pete Westby**—D/APE and General Physical Education Teacher, Westonka ISD, MN

- 1) **Archery for All!** Come learn how to start an Archer in The Schools Program. Learn to teach and make modifications so ALL students in your school from Elementary to High School level can participate and have success in this life long recreational sport. **7/30; 11:00-12:00 Outside**
- 2) **Adapted Backyard Games.** This session will teach participants about Adapted Backyard Games and Activities for Home and School. Participants will learn various methods of how to make adaptations/modifications to the traditional backyard games or activities that can be played at home or in a school setting. **7/31; 10:45-11:45 Outside**

**Glenn Young**—Health and Physical Education Specialist, Surrey School District, British Columbia

- 1) **Moving Towards Physical Literacy, Part 1.** This interactive session will provide teachers with a developmentally appropriate progression for teaching the Fundamental Movement Skills as well as a fun way of achieving fitness. **7/30; 8:30-9:30 Main Gym**
- 2) **Moving Towards Physical Literacy, Part 2.** **7/30; 1:00-2:00 Main Gym**
- 3) **Active Body, Healthier Brain, Part 1** Recent brain research supports increasing the time students spend in physical activity is a potential strategy for optimizing student learning. This interactive session review the latest brain research on exercise and academic performance. Participants will leave with simple and practical activities they can utilize with their students. **7/31; 8:35-9:35 Classroom 1**
- 4) **Active Body, Healthier Brain Part 2** **7/31; 10:45-11:45 Main Gym**

